The Holy Communion with Private Devotions

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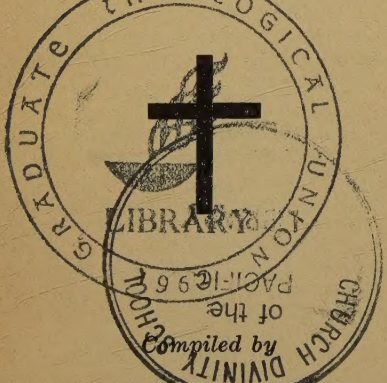

Compiled by

EDWARD W. AVERILL

DEAN OF ST. PAUL'S CATHEDRAL
FOND DU LAC

The Parish Press

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The Holy Communion

THE Holy Communion, or Holy Eucharist as St. Paul calls it, was instituted by our Blessed Lord on the night of His betrayal, and is the only form of public worship directly commanded by Him. For this reason it has always been the chief act of corporate devotion among Christians from the days of the Apostles, and will so continue until He comes again.

The form of the communion service, consisting of epistle, gospel and creed, song and prayer, is known as the "Liturgy" and has come down from Apostolic days. In it we take part with the Saints of every age in common worship, and with angels and archangels and all the company of heaven. It is the duty of every Christian to be present at this service every Sunday, and to receive Holy Communion as frequently as reasonably may be; at the very least, once a month, and on all the great festivals of the Church. The Apostolic Christians received Holy Communion every Sunday and many continued daily in the Breaking of the Bread. Acts ii.

The Holy Eucharist is both a sacrifice and a sacrament. We present to God bread and wine, in acknowledgment that all gifts come from Him and that we are His stewards. The priest consecrates the bread and wine and by Christ's institution they become verily and indeed, though after a heavenly and spiritual manner, the Body and Blood of Christ and are identical with the offering which Christ made of Himself on Calvary and now offers at the heavenly Altar, whereby alone we obtain remission of our

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sins and are made partakers of the Kingdom of heaven. Finally in union with Him, we present ourselves, our souls and bodies as a living and reasonable sacrifice to God.

We may take part in the sacrificial offering of the Eucharist even without receiving the sacrament but in Holy Communion Christ gives Himself to us as our spiritual food, and dwells in us and we in Him. St. John vi. If we form the habit of regular communion, we shall live a life of union with our Divine Lord and the moments we spend before the Altar each week will be of unspeakable inspiration and power.

Lord Jesus, whom by power divine
Now hidden 'neath the outward sign
We worship and adore;
Grant when the veil away is rolled,
With open face we may behold
Thyself forevermore!

PREPARATION FOR HOLY COMMUNION

Self Examination.

"Let a man examine himself and so let him eat of that Bread and drink of that Cup."—I. Cor. xi, 28.

Kneel down and say:

✠ In the Name of the Father and of the Son and of the Holy Ghost. Amen.

Try me, O God, and seek the ground of my heart; prove me and examine my thoughts.

Look well if there be any way of wickedness in me! and lead me in the way everlasting.

Now ask yourself the following questions:

My Duty Towards God.

Do I love God with all my heart and mind and soul and strength? Do I kneel and pray to Him every day? Turn my thoughts to Him often during the day? Do I go to Church every Sunday? Do I find public worship a spiritual up-

lift? Is it a necessary part of my life? Do I receive Holy Communion regularly? How often? Do I prepare carefully for Communion and say prayers of thanksgiving after? Am I a loyal member and worker in the Church? Do I give in money and service? What proportion of my income do I give to God? Am I grateful and contented or do I worry and grumble? Do I go to God in trouble? Am I ever profane, or irreverent? How often do I read my Bible? How am I trying to serve Him truly all the days of my life?

My Duty Towards My Neighbor

Do I strive to keep the Golden Rule each day, at home and abroad? Do I do my duty toward my parents by obedience, respect, help, love? How often do I write to them when absent from them?

Am I respectful and obedient to teachers, employers and pastor, obedient to the rules and discipline of the Church? Courteous and polite to everybody? Am I a good citizen?

Do I bear malice toward anybody—spoken words of ridicule, harshness, cruelty, or indifference? Lost my temper?

Am I true and just in all my dealings, at home, in school, in play, in business? Do I gamble, bet?

Am I tardy in keeping engagements?

Do I keep my tongue from tale-bearing, exaggeration, boasting, flattery, gossip, and foolish talking?

Am I temperate in food and drink? Modest in thought, word, dress, and behavior? Have I taken liberties with others, or permitted them with myself?

Have I been pure in thought, word and deed, when alone, and with others?

Have I kept Lent, and practiced such self-denial as the Church enjoins? Are my amusements moderate, wholesome and helpful?

Am I contented in my lot, and doing my daily work with energy and zeal?

Am I living beyond my means and slow in paying debts? Am I envious of other men's success or covetous of their goods? Am I doing my duty in that state of life which it shall please God to call me?

Am I now coming to Holy Communion

(1) Truly repenting of my former sins?

(2) Steadfastly purposing to lead a new life? (What resolutions shall I make or renew at this communion?)

(3) With a lively faith in God's mercy through Christ, and a thankful remembrance of His death for me?

(4) And in charity with all men?

Confession

I CONFFESS to God Almighty, before the company of heaven, that since my last communion, which was.....ago, I have sinned in thought, word and deed, by my own grievous fault, and especially I am guilty—(here confess your sins to God, one by one). For these and all others which I cannot now remember I am heartily sorry, firmly purpose amendment and ask for pardon and absolution.

✠ May the Almighty God grant me pardon, absolution and remission of all my sins through Jesus Christ, our Lord. Amen.

When in doubt as to your fitness or preparation for Holy Communion, go to your pastor in the fullest confidence, for his help and advice. It is one of his most sacred duties to help those who are troubled in conscience.

This preparation may be made at home or on entering church.

✠ In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

Antiphon. I will fear no evil, for thou art with me.

PSALM 84. *Quam dilecta.*

O HOW AMIABLE are thy dwellings: thou Lord of hosts!

My soul hath a desire and longing to enter into the courts of the Lord: my heart and my flesh rejoice in the living God.

Yea, the sparrow hath found her an house, and the swallow a nest, where she may lay her young: even thy altars, O Lord of Hosts, my King and my God.

Blessed are they that dwell in thy house: they will be alway praising thee.

Blessed is the man whose strength is in thee: in whose heart are thy ways.

Who going through the vale of misery use it for a well: and the pools are filled with water.

They will go from strength to strength: and unto the God of gods appeareth every one of them in Sion.

O Lord God of hosts, hear my prayer: hearken, O God of Jacob.

Behold, O God our Defender: and look upon the face of thine Anointed.

For one day in thy courts: is better than a thousand.

I had rather be a doorkeeper in the house of my God: than to dwell in the tents of ungodliness.

For the Lord God is a light and defence : the Lord will give grace and worship, and no good thing shall He withhold from them that live a godly life.

O Lord God of hosts: blessed is the man that putteth his trust in thee.

Glory be to the Father.

Antiphon. I will fear no evil, for thou art with me. Thou shalt prepare a table before me against them that trouble me: thou hast anointed my head with oil, and my cup shall be full.

(*Or this Psalm in penitential seasons*

Antiphon. Remember not, Lord.

PSALM 130. *De profundis.*

OUT of the deep have I called unto thee, O Lord: Lord hear my voice.

O let thine ears consider well: the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss: O Lord, who may abide it?

For there is mercy with thee: therefore shalt thou be feared.

I look for the Lord: my soul doth wait for Him: in his word is my trust.

My soul fleeth unto the Lord: before the morning watch, I say, before the morning watch.

O Israel, trust in the Lord, for with the Lord there is mercy: and with him is plenteous redemption.

And he shall redeem Israel: from all his sins.

Glory be to the Father.

Antiphon. Remember not, Lord, our offences, nor the offences of our forefathers, neither take thou vengeance of our sins.)

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Our Father, who are in heaven, etc.

And lead us not into temptation.
But deliver us from evil.

I said, Lord have mercy upon me.
Heal my soul, for I have sinned against thee.

Turn thee again, O Lord, at the last.
And be gracious unto thy servants.

Let thy mercy, O Lord, be showed upon us.
As we do put our trust in thee.

Let thy priests be clothed with righteousness.
And let thy saints sing with joyfulness.

Cleanse thou me from my secret faults.
And keep thy servant also from presumptuous sins.

O Lord, hear my prayer.
And let my cry come unto thee.

Let us pray.

MOST Gracious God, incline thy merciful ears to our prayers, and enlighten our hearts by the grace of thy Holy Spirit; that we may worthily approach thy holy mysteries, and love thee with an everlasting love.

O LORD, we beseech thee, may the Comforter who proceedeth from thee illuminate our minds, and lead us, as thy Son hath promised, unto all truth.

O LORD, we beseech thee, may the power of the Holy Ghost be with us, and both mercifully cleanse and purge our hearts, and defend us from all adversities.

CLEANSE our consciences, we beseech the O Lord, by thy visitation, that thy Son ou Lord Jesus Christ, when He cometh, may fin in us a mansion prepared for Himself; throug the same Jesus Christ, our Lord, who liveth an reigneth with thee in the unity of the Ho Spirit, ever one God, world without end. Ame

PRAYERS BEFORE THE SERVICE.

Direction of the Intention.

OALMIGHTY LORD of Heaven and earth, b hold I, an unworthy sinner, desire to off up to Thee, by the hands of this Thy Priest, t holy Sacrifice of the Body and Blood of T SON JESUS CHRIST, in union with the One Tr Sacrifice which He offered up to Thee upon t Cross. I desire to offer It, first, for Thine ov honour, praise, adoration, and glory; second in remembrance of His Death and Passio thirdly, in thanksgiving for all Thy blessings l stowed in Him on His whole Church, whet triumphant in Heaven or militant in earth, a especially for those bestowed on me, the m unworthy of all; fourthly, for obtaining par and remission of all my sins, and of those of others for whom I ought to pray; and lastly, obtaining all graces and blessings, both for r self and for the whole Mystical Body of T SON that such as are yet alive may finish t course with joy, and that such as are dead the LORD may rest in peace and hope, and ris glory: for the LORD'S sake Whose Death we now about to commemorate.

A Prayer.

GRANT, O Lord, that we may be truly pared for the offering of this great S fice to Thee this day; do Thou, O LORD, I Thee, possess and govern my heart by Thy g that I may perform this act piously, religio

and becomingly, so that this my service may be well pleasing to Thee, and profitable to my soul. Amen.

When the Priest Enters.

THE LORD be in thy heart, and on thy lips, and make thee a worthy Minister at His Altar; the LORD be merciful to thee, and forgive thee all thy sins, and bring thee to everlasting life; the LORD accept this Holy Sacrifice at thy hands to His greater glory, and for our necessities: In the Name ✠ of the FATHER, and of the SON, and of the HOLY GHOST. Amen.

PSALM 43. *Judica me, Deus.*

GIVE sentence with me, O God, and defend my cause against the ungodly people: O deliver me from the deceitful and wicked man.

2. For thou art the God of my strength; why hast thou put me from thee: and why go I so heavily, while the enemy oppresseth me?

3. O send out thy light and thy truth, that they may lead me: and bring me unto thy holy hill and to thy dwelling.

4. And that I may go unto the altar of God, even unto the God of my joy and gladness: and upon the harp will I give thanks unto thee, O God, my God.

5. Why art thou so heavy, O my soul: and why art thou so disquieted within me?

6. O put thy trust in God: for I will yet give him thanks, which is the help of my countenance, and my God.

THE ORDER FOR THE ADMINISTRATION OF THE LORD'S SUPPER

OR

HOLY COMMUNION

OUR Father *said by the Priest.*

The Collect for Purity

ALMIGHTY GOD, unto whom all hearts are open, all desires known, and from whom no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy Holy Name; through Christ our Lord. *Amen.*

The Ten Commandments

God spake these words, and said:

I am the Lord thy God; Thou shalt have none other gods but me.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of anything that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them:

for I the Lord thy God am a jealous God, and visit the sins of the fathers

upon the children, unto the third and fourth generation of them that hate me; and show mercy unto thousands in them that love me and keep my commandments.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain;

for the Lord will not hold him guiltless, that taketh his Name in vain.

Lord, have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Six days shalt thou labour, and do all that thou hast to do; but the seventh day is the Sabbath of the Lord thy God. In it thou shalt do no manner of work; thou, and thy son, and thy daughter, thy man-servant, and thy maid-servant, thy cattle, and the stranger that is within thy gates. For in six days the Lord made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the Lord blessed the seventh day, and hallowed it.

Lord, have mercy upon us, and incline our hearts to keep this law.

Honour thy father and thy mother; that thy days may be long in the land which the Lord thy God giveth thee.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbour.

Lord, have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet

thy neighbour's house, thou shalt not covet thy neighbour's wife, nor his servant, nor his maid, nor his ox, nor his ass, nor anything that is his.

Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

If the Decalogue is omitted, the Minister shall say:

The Summary of the Law

Hear also what our Lord Jesus Christ saith.

THOU shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it; Thou shalt love thy neighbour as thyself. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

The Lord be with you.
And with thy spirit.

Let us pray.

O ALMIGHTY Lord, and everlasting God, vouchsafe, we beseech thee, to direct, sanctify, and govern, both our hearts and bodies, in the ways of thy laws, and in the works of thy commandments; that, through thy most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus Christ. *Amen.*

The Collect for the Day

The Epistle

¶*Here may be sung a Hymn or an Anthem. Stand to say, when the Gospel is announced*

✠ Glory be to Thee, O Lord.

The Holy Gospel

Praise be to Thee, O Christ.

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made; Who for us men and for our salvation came down from heaven, AND WAS INCARNATE BY THE HOLY GHOST OF THE VIRGIN MARY, AND WAS MADE MAN; And was crucified also for us under Pontius Pilate; He suffered and was buried; And the third day he rose again according to the Scriptures; And ascended into heaven, and sitteth on the right hand of the Father; And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life ✠ of the world to come. Amen.

After the Creed.

Grant, O Lord, that I may live and die in the Faith, practice and communion of the One, Holy, Catholic and Apostolic Church. Amen.

At the Oblation of the Elements.

Receive, O Holy Trinity, this Oblation, which I join in offering unto Thee in memory of the Passion of our Lord Jesus Christ, and grant that It ascending before Thee may be acceptable in Thy sight, and promote my everlasting salvation, and that of all Thy faithful people, both living and departed, through Jesus Christ. Amen.

O God, Who didst wonderfully create, and yet more wonderfully renew the dignity of human nature; grant that as this water is mingled with the wine, so we may be made partakers of His Divine Nature Who vouchsafed to become a partaker of our human nature, Jesus Christ, Thy Son our Lord. Amen.

Psalm 26

I will wash my hands in innocency, O Lord: and so will I go to Thine altar;

That I may show the voice of thanksgiving: and tell of all Thy wondrous works.

LORD, I have loved the habitation of Thy house; and the place where Thine honour dwelleth.

O shut not up my soul with the sinners: nor my life with the blood-thirsty;

In whose hands is wickedness: and their right hand is full of gifts.

But as for me, I will walk innocently: O deliver me, and be merciful unto me.

My foot standeth right: I will praise the LORD in the congregations.

The Prayer for the Church

Let us pray for the whole state of Christ's Church.

ALMIGHTY and everliving God, who by thy holy Apostle has taught us to make prayers, and supplications, and to give thanks for all men; We humbly beseech

thee most mercifully to accept our alms and oblations, and to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord: And grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. We beseech thee also, so to direct and dispose the hearts of all Christian Rulers, that they may truly and impartially administer justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue. Give grace, O heavenly Father, to all Bishops and other Ministers, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. And to all thy People give thy heavenly grace; and especially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succour all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name for all thy servants departed this life in thy faith and fear; beseeching thee to grant them continual growth in thy love and service, and to give us grace so to follow their good examples, that with them

we may be partakers of thy heavenly kingdom. Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate. *Amen.*

The Short Exhortation

YE who do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, devoutly kneeling.

The General Confession

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution

ALMIGHTY God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him; have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. *Amen.*

The Comfortable Words

Hear what comfortable words our Saviour Christ saith unto all who truly turn to him.

COME unto me, all ye that travail and are heavy laden, and I will refresh you.

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners.

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the Propitiation for our sins.

The Sursum Corda

Priest. Lift up your hearts.

Answer. We lift them up unto the Lord.

Priest. Let us give thanks unto our Lord God.

Answer. It is meet and right so to do.

The Preface

IT IS very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

Here Follows the Proper Preface on Great Festivals. (Pages 31-33)

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

The Sanctus

Priest and People.

HOLY, HOLY, HOLY, Lord God of hosts, Heaven and earth are full of thy glory: Glory be to thee, O Lord Most High. **Amen.**

Blessed is he that cometh in the Name of the Lord. Hosanna in the Highest.

The Consecration

ALL glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the

whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, TAKE, EAT, THIS IS MY BODY, WHICH IS GIVEN FOR YOU; DO THIS IN REMEMBRANCE OF ME.

Here bow your head and say,

Hail, Sacred Flesh of Christ, to me, above all things, the sum of delight!

Likewise, after supper, he took the Cup; and when he had given thanks, he gave it to them, saying, DRINK YE ALL OF THIS; FOR THIS IS MY BLOOD OF THE NEW TESTAMENT, WHICH IS SHED FOR YOU, AND FOR MANY, FOR THE REMISSION OF SINS; DO THIS, AS OFT AS YE SHALL DRINK IT, IN REMEMBRANCE OF ME.

Here bow your head and say,

Hail, Precious Blood of Christ, to me above all things, the sum of delight!

The Oblation

WHEREFORE, O Lord, and heavenly Father, according to the institution of thy dearly beloved Son our Saviour Jesus Christ, we, thy humble servants, do celebrate and make here before thy Divine Majesty, with these thy holy gifts, which we now of-

fer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

The Invocation

AND we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

AND we earnestly desire thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee, that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy

grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him. And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice; yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end. *Amen.*

And now, as our Saviour Christ hath taught us, we are bold to say,

OUR Father, who art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

The Prayer of Humble Access

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink

his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. *Amen.*

DEVOTIONS AFTER THE PRAYER OF CONSECRATION.

O LAMB of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

I ADORE Thee, O Lord my God, Whom I now behold veiled beneath these earthly forms. Prostrate I adore Thy Majesty, and because, sinful and unworthy that I am, I cannot honour Thee as I ought, I unite myself with Thy Saints and Angels in their more perfect adoration.

HAIL, Most Holy Body of Christ; Hail, Living Bread, that comest down from Heaven to give life to the world! Hail, most Holy Blood of Jesus, shed for sinners! Above all things the sum and fulness of delight! Hail, Saving Victim, offered for me and for all mankind! Christ, Eternal King! Man, crucified for man!

BEHOLD, I praise, I bless, I glorify Thee. I would that all might glorify Thee in this Mystery of Thy love. And grant to me that, dying to the world and living here a life hidden in Thee, I may hereafter see Thy Face unveiled, to love and adore and rejoice in Thee, through all eternity. Amen.

Commemoration of the Living.

REMEMBER, O Lord, and have mercy upon the whole Church and its Rulers, and upon all Estates of men, whether serving God in His

ministry, in special works of piety, or in the world.

Also upon my Parents, Brethren, Benefactors, and Friends (*Especially*) have mercy, O Thou Father of mercies, granting them Thy grace perfectly to please, acknowledge, fear, love and glorify Thee with the Same Thy Beloved Son, and the Holy Ghost, now and ever, and for endless ages. Amen.

Commemoration of the Departed.

REMEMBER also, O Lord, the souls of Thy Servants and Handmaidens (N.) who have gone before us with the sign of faith, and sleep the sleep of peace; to them, O Lord, and to all who rest in Christ, we pray Thee, grant a place of refreshment, of light, and of peace. Through the Same Christ our Lord. Amen.

DEVOTIONS FOR COMMUNION.

Before Communicating.

GRANT me, Almighty and Everlasting God, not only to receive the Sacrament of the Body and Blood of Thy Only-Begotten Son, our Lord Jesus Christ, but also the virtue of the Sacrament to the remission of all my sins, and all other benefits of His Death and Passion. Amen.

On Approaching the Altar.

Lord, I am not worthy that Thou shouldest come under my roof but speak the word only, and my soul shall be healed.

After Receiving the Body of Our Lord.

O my God, Thou art Holy; O my soul, thou art blessed.

On Making Any Particular Request.

O Eternal Father, I receive this Holy Communion of Thy dear Son's Body and Blood, hum-

bly beseeching Thee, to grant me (*here name your request.*)

After Receiving the Blood of Our Lord.

Let my sins be washed away in Thy Blood, O Lord.

On Leaving the Altar.

Thanks be to God for His unspeakable Gift.

When you approach the Altar, see no man save Jesus only, coming to you. Go to the right or left of the communion rail, leaving room for those coming behind you. If there is not place at the rail, kneel upon the floor of the chancel. When the priest comes kneel with body and head erect. First make the sign of the Cross and then receive the Sacrament of the Body of Christ in the palm of the right hand, supported by the left, and feed on Him in thy heart, by faith, with thanksgiving.

When the priest brings the Cup, again make the sign of the Cross, take hold of the base of the Chalice with both hands, the priest holding it also in the midst, and with head erect, receive a drop of the Blood of Christ, which was shed for you and for many for the remission of sins.

If more than one are administering the sacrament, remain kneeling a few moments after receiving, and then give place to those who are waiting, without disturbing those who are still at the rail.

On returning to your place do not sit and look about, but kneel in devout thanksgiving and prayer. If there are many communicants, read the Te Deum, the Psalms, or the Communion Hymns from the Hymnal, or else engage in intercessory prayers for all your friends and kindred.

Let us pray.

ALMIGHTY and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

Gloria in Excelsis

GLORY be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest

away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory ✠ of God the Father. Amen.

Or this hymn.

O SAVING Victim, opening wide
The gate of heaven to man below,
Our foes press on from every side,
Thine aid supply, Thy strength bestow.

All praise and thanks to Thee ascend
For evermore, blest One in Three;
Oh grant us life that shall not end,
In our true native land with Thee. Amen.

The Peace and Blessing

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the Blessing of God Almighty, ✠ the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

Prayers After the Blessing

O GOD, who in this wonderful Sacrament has left unto us a memorial of thy Passion: grant us, we beseech Thee, so to venerate the sacred mysteries of thy Body and Blood, that we may ever perceive within ourselves the fruit of thy redemption, who livest and reignest with the Father and the Holy Ghost, ever one God, world without end. Amen.

GRANT, O Lord, that as I have now been admitted to worship Thee under the veil of

this Sacrament so when Thou shalt come again in judgment I may be found worthy in sure trust and joy to behold Thee for ever in Thy glorious Majesty and enjoy Thee for ever in Thy eternal Kingdom where with the Father and the Holy Spirit, Thou livest and reignest, God, for ever and ever. Amen.

The Last Gospel. St. John i. 1.

IN the beginning was the Word, and the Word was with God, and the Word was God. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not. There was a man sent from God, whose name was John. The same came for a witness, to bear witness of the Light, that all men through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light, which lighteth every man that cometh into the world. He was in the world, and the world was made by him, and the world knew him not. He came unto his own, and his own received him not. But as many as received him, to them gave he power to become the sons of God even to them that believe on his name: which were born not of blood, nor of the will of the flesh, nor of the will of man, but of God. And the Word was made flesh, and dwelt among us, (and we beheld his glory, the glory as of the only begotten of the Father,) full of grace and truth.

THANKSGIVING AFTER COMMUNION.

Antiphon. Let us sing the Song of the Three Children.

Benedicite, omnia opera.

O ALL ye works of the Lord, bless ye the Lord: praise Him, and magnify Him forever.

O ye angels of the Lord, bless ye the Lord: praise Him, and magnify Him forever.

O ye children of Men, bless ye the Lord: praise Him and magnify Him forever.

O let Israel bless the Lord: praise Him, and magnify Him forever.

O ye Priests of the Lord, bless ye the Lord: praise Him, and magnify Him forever.

O ye Servants of the Lord, bless ye the Lord: praise Him, and magnify Him forever.

O ye Spirits and Souls of the Righteous, bless ye the Lord: praise Him, and magnify him forever.

O ye holy and humble Men of heart, bless ye the Lord: praise Him, and magnify Him forever.

Glory be to the Father.

PSALM 150. *Laudate Dominum.*

O PRAISE God in His holiness; praise Him in the firmament of His power.

Praise Him in His noble acts: praise Him according to His excellent greatness.

Praise Him in the sound of the trumpet: praise Him upon the lute and harp.

Praise Him in the cymbals and dances: praise Him upon the strings and pipe.

Praise Him upon the well-tuned cymbals: praise Him upon the loud cymbals.

Let everything that hath breath: praise the Lord,

Glory be to the Father.

Nunc Dimittis.

LORD, now lettest thou thy servant depart in peace: according to thy word.

For mine eyes have seen: thy salvation.

Which thou hast prepared: before the face of all people;

To be a light to lighten the Gentiles: and to be the Glory of thy people Israel.

Glory be to the Father.

Antiphon. Let us sing the song of the Three Children, which they sang as they blessed the Lord in the furnace of fire.

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.
OUR Father, who art in heaven
And lead us not into temptation.
But deliver us from evil.
Thy Saints shall exult unto thee.
They shall rejoice in their beds.
Not unto us, O Lord, not unto us.
But to thy Name give the praise.
Lord, hear my prayer.
And let my cry come unto thee.

Let us pray.

O GOD, Who for thy three Servants didst assuage the flames of fire; Mercifully grant that no unholy flames may inflame us, thy Servants.

PURIFY, O Lord, with the fire of thy Holy Spirit our hearts and reins, that we may serve thee with a chaste body and please thee with a pure mind.

PREVENT us, O Lord, in all our doings with thy most gracious favor and further us with thy continual help; that in all our works begun, continued, and ended in thee, we may glorify thy holy Name; and finally by thy mercy, obtain everlasting life; through Jesus Christ our Lord: Amen.

PRAYERS AFTER THE SERVICE.

O MOST Merciful Lord God, ever Blessed Trinity, Who hast not disdained that we, miserable sinners, should even in this House stand in Thy sight to glorify and confess Thee, pardon me the faults of which I have been guilty even in this very time of prayer, whether through busy thoughts or wanderings of mind after vain desires, that the enemy boast not against me, seeing that not even at the very time of thanksgiving, intercession, and communion, have I been duly watchful against sin. Amen.

If you have received Holy Communion, say:

I YIELD Thee thanks, O LORD Holy FATHER, Almighty, Everlasting God, who not for any merit of mine, but of the condescension of Thy mercy only, hast vouchsafed to feed me a sinner, Thy unworthy servant, with the precious Body and Blood of Thy Son, our LORD JESUS CHRIST. And I humbly entreat Thy boundless clemency, Almighty and Merciful LORD, that this Holy communion may not bring guilt upon me to condemnation, but may be unto me for pardon and Salvation. Let it be unto me an armour of faith and a shield of good resolution. Let it be unto me a riddance of all vices, an extermination of all evil desires and lusts, and an increase of love and patience, of humility and obedience and all virtues, especially . . . a firm defence against the wiles of all enemies, visible or invisible: a perfect quieting of all sinful impulses, fleshly or spiritual, especially . . . : a firm adherence to Thee, the One True GOD and a blessed consummation of my end. And I pray Thee, that Thou wouldst vouchsafe to bring me a sinner to that ineffable Feast, where Thou with Thy SON and the HOLY GHOST, art to Thy Saints true Light, full and everlasting Joy and perfect Happiness; through the Same our LORD JESUS CHRIST. Amen.

PROPER PREFACES.

Upon Christmas-day *and seven days after.*

BECAUSE thou didst give Jesus Christ, thine only Son, to be born as at this time for us; who, by the operation of the Holy Ghost, was made very man, of the substance of the Virgin Mary his mother; and that without spot of sin, to make us clean from all sin. Therefore with Angels, *etc.*

Upon the Epiphany *and seven days after.*

THROUGH Jesus Christ, our Lord, who, in substance of our mortal flesh, manifested forth his glory that he might bring us out of darkness, into his own glorious light. Therefore with Angels, *etc.*

Upon the Purification, Annunciation and Transfiguration.

BECAUSE in the Mystery of the Word made flesh thou hast caused a new light to shine in our hearts to give the knowledge of thy glory in the face of thy Son, Jesus Christ our Lord. Therefore with Angels, *etc.*

Upon Easter-day, *and seven days after.*

BUT chiefly we are bound to praise thee for the glorious Resurrection of thy Son Jesus Christ our Lord: for he is the very Paschal Lamb, which was offered for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again hath restored to us everlasting life. Therefore with Angels, *etc.*

Upon Ascension-day, *and seven days after.*

THROUGH thy most dearly beloved Son Jesus Christ our Lord; who, after his most glorious Resurrection, manifestly appeared to all his Apostles, and in their sight ascended up into heaven, to prepare a place for us; that where he is, thither we might also ascend and reign with him in glory. Therefore with Angels, *etc.*

Upon Whitsunday, *and six days after.*

THROUGH Jesus Christ our Lord; according to whose most true promise, the Holy Ghost came down as at this time from heaven, lighting upon the Apostles, to teach them, and to lead them to all truth; giving them boldness with fervent zeal constantly to preach the Gospel unto all nations; whereby we have been brought out of darkness and error into the clear light and true knowledge of thee, and thy Son Jesus Christ. Therefore with Angels, *etc.*

Upon the feast of Trinity only.

WHO, with thine only begotten Son, and the Holy Ghost, art One God, One Lord, in Trinity of Persons and Unit of Substance. For that which we believe of thy glory O Father, the same we believe of the Son, and of the Holy Ghost, without any difference of inequality. Therefore with Angels, *etc.*

Or this.

FOR the precious death and merits of thy Son Jesus Christ our Lord, and the sending to us of the Holy Ghost, the Comforter; who art one with thee in thy Eternal Godhead. Therefore with Angels, *etc.*

Upon All Saints' Day *and seven days after.*

WHO in the multitude of thy saints, hast compassed us about with so great a cloud of witnesses that we, rejoicing in their fellowship, may run with patience the race that is set before us, and together with them may receive the crown of glory that fadeth not away. Therefore with Angels, *etc.*

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Prayers for Daily Use

MORNING PRAYER.

✠ IN THE Name of the Father, and of the SON, and of the HOLY GHOST. Amen.

OUR FATHER.

FORGIVE me, O merciful FATHER, all my sins, and of Thy loving kindness watch over me throughout this day. Protect me in all dangers, and help me in all temptations. Keep me from all evil thoughts, from all bad and careless words, and from all wrong actions (*especially from* . . .). Make me diligent in my work, and unselfish and patient towards those with whom I have to do. Help me to remember the example of the LORD JESUS, and to strive at work and in home life, to become like Him.

GIVE Thy special grace, I beseech Thee, to all who with me are united in the membership of CHRIST'S BODY. Bless all my friends and relations (*especially* . . . . .). Grant to them all such things as they need, guard them from evil, and increase in them the knowledge and love of Thee; for JESUS CHRIST'S sake. Amen.

BEHOLD, O LORD, I humbly offer myself to Thee. Give me grace that I may serve Thee as I ought, and that I may fight manfully under CHRIST'S banner against sin, the world, and the devil, and may continue His faithful soldier and servant unto my life's end. Amen.

✠ MAY GOD Almighty, of His mercy, bless, protect, and keep me, this day and always. Amen.

✠ IN the Name of the FATHER and of the SON and of the HOLY GHOST. Amen.

Abide with us O LORD!

For it is towards evening and the day is far spent.

May my evening prayer ascend unto Thee, O LORD!

And Thy mercy descend upon me.

Keep me, O LORD, as the apple of an eye, hide me under the shadow of Thy wings.

OUR FATHER.

Thanksgiving.

I GIVE Thee thanks, O HOLY FATHER Almighty! Eternal God! Who not for mine own merits, but of Thy most holy grace, hast vouchsafed to keep me, Thine unworthy servant, safe throughout this day. Of Thy goodness, O most merciful GOD, I entreat Thee that I may so pass through the ensuing night with a pure heart and body, that, arising in the morning, I may be enabled to offer Thee a grateful and obedient service, through CHRIST our LORD. Amen.

Examine yourself by the following questions in order to discover how you have sinned during the day in thought, word or deed:

1. At what time did I get up this morning? Was I sluggish in doing so? Did I think of GOD the first thing? Did I say my prayers fully, reverently and with devotion?

2. How did I employ myself until breakfast time?

3. What did I do between breakfast and dinner? Whom did I see? With whom did I talk? What did I talk about? Did I do my work diligently, honestly, and good temperedly?

4. What did I do at or after dinner?

5. Have I during the day been guilty of glut-

tony, pride, jealousy? Have I used any bad words? Have I judged my neighbor? Have I had unkind feelings toward anyone? Have I had impure thoughts? Have I lost my temper, and been put out by little cross accidents?

Confession.

I CONFESS to Thee, O LORD GOD! Almighty Creator of Heaven and earth! all my sins which I have ever committed from my childhood, even to this hour, whether knowingly or ignorantly, and especially what I have done this day (. . .) in thought, word, or deed, against Thy Divine Majesty. To Thee, O LORD! I confess from my heart; and I entreat of Thee forgiveness; most humbly I beseech Thee to pardon all mine offences whatsoever Thou knowest me to have been guilty of. Kindle within me the flame of Thy love, and inspire me with fear and grant me a real amendment of my whole life, with true faith, hope and love. Amen.

Intercession.

REMEMBER, Gracious GOD, for good my dear Parents, Brothers, Sisters, Husband (Wife), Children, God-children. Bless all my Relations, Benefactors, and Friends (especially N.). Hear me, O Heavenly FATHER, who commend unto Thy tender mercy all that labor under trials and afflictions. Have mercy upon this household; and grant that humility and meekness, peace and charity, chastity and purity, may rule therein. Grant that we may so correct and amend ourselves, that we may love and fear, and serve Thee faithfully all our days; through our LORD and SAVIOUR JESUS CHRIST. Amen.

REMEMBER, O Lord the souls of Thy Servants and Hand-maidens (especially) who have gone before us, with the sign of faith, and sleep the sleep of peace; to them, O Lord, and to all who rest in CHRIST, we pray Thee, grant

a place of refreshment, of light, and of peace. Through the same CHRIST our Lord. Amen.

✠ IN the Name of our LORD JESUS CHRIST, crucified, I lay me down to rest; may He bless, save, and defend me, and bring me to everlasting life. Amen.

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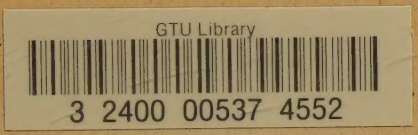

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